

REFERENCE LISTS/EVIDENCE BASED MEDICINE

Title of Program: Primary Care Education Series, Department of Psychiatry and Behavioral Health
Presenter's Name: Nicole Absar, MD
Title of Presentation: Neurocognitive Disorders Series Part 1: Cortical Dementia Including Update on Various types of Alzheimer's Disease
Date of Presentation: 3/24/2021

Please provide a short list of references for your presentation including evidence based citations for practice recommendations [use additional sheet if needed].

- ① Alzheimer's Stages : How the disease Progresses
Mayo Clinic Neurology & Alzheimer's Association
www.alz.org/alzheimers_disease_stages_of_Alzheimers.asp
- ② MIND diet associated w/ reduced incidence of Alzheimer's disease
Martha Morris, Christy Tangney, Yamin Wang etc
2014. (Alzheimer's Association)
Pubmed 2015 sept 11

Evidence based medicine is the conscientious, explicit, and judicious use of current best evidence in making decisions about the care of individual patients. The practice of evidence based medicine means integrating individual clinical expertise with the best available external clinical evidence from systematic research.

--David Sacket [and others] Evidence based medicine: what it is and what it isn't. *BMJ* 1996; 312: 71-2

Practice Recommendations

Practice recommendations are statements, supported by evidence, that guide physicians in making choices about specific practice behaviors. Practice recommendations must be consistent with the results of a systematic review of evidence conducted by a recognized evidence based medicine (EBM) source and consistent with the clinical content of the CME activity.